

## Healthy Living OKC Pickleball Guidelines

### **Due to the COVID-19 pandemic:**

- We all must wear a mask when not playing
- We all must maintain a “social distance” when not playing
- Each player must handle their paddle only
- We can have a maximum of 20 players in the gym at any one time

### **Schedules**

- Schedules, which are always subject to change, are posted in the following places:
  - The gym door
  - The Healthy Living OKC monthly newsletter (emailed)
  - [healthylivingokc.com](http://healthylivingokc.com) > Online program directory
  - [hlpb.org](http://hlpb.org) > Schedule
  - [facebook.com/groups/1784151901730868/](https://www.facebook.com/groups/1784151901730868/)
- Certain times on the schedule are reserved for specific skill levels (i.e., Level 1, Level 2, Level 3, or All Skill Levels).

### **Reservation System**

- Our reservation system allows players to reserve up to five time slots per week.
- To reserve a spot in a pickleball time slot, utilize the links posted in:
  - Healthy Living OKC texts (text “HLOKC” to 52236 to sign up to receive texts)

- [healthylivingokc.com](http://healthylivingokc.com)
- [facebook.com/healthylivingokc](https://www.facebook.com/healthylivingokc)
- [hlpb.org](http://hlpb.org)
- [facebook.com/groups/1784151901730868/](https://www.facebook.com/groups/1784151901730868/)

- Each player may sign up for up to five time slots per week. If a player signs up for more than five time slots, this will be discovered and that player’s reservations will be removed.
- Please ensure you sign up for time slots appropriate for your skill level.

### **Substitutions and Late Arrivals**

- If you are registered for a time slot and arrive more than 15 minutes late, your registered position is forfeited and a substitute player can take your place for the duration of the time slot.
- All unregistered players for a particular time slot must sign-in on the substitute board as this establishes the order of play for substitutes.
- If, as a registered player you arrive 16 or more minutes late, you must put your name on the sub-board and you cannot bump a sub off the court.
- Arrival time is the time you arrive at the pickleball table.
- For more information about substitutions and late arrivals, click the “Substitutions and Late Arrivals FAQ” link on our [hlpb.org](http://hlpb.org) home page.